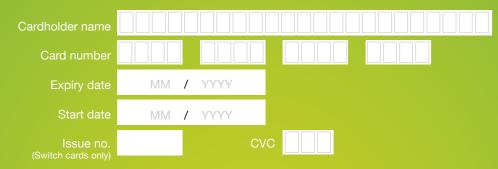
## Payment details

Not to be completed if purchasing membership in person at SportsDock reception.



#### Please note:

To obtain free entry and discounted prices, your SportsDock membership card must be presented to reception. Non-cardholder prices will apply if card is not presented.

## Declaration

I confirm I have read and accepted

- SportsDock terms and conditions of use (available at reception and on the website)
- The Health Commitment Statement (HCS).

Direct debit payments will be taken **monthly** on the **15th of each month**. The first payment will be pro rata and calculated by reception. This must be paid up front at the time of taking out the membership.

Cards can be collected from reception during opening hours.

First payment date	DD / MM / YYYY	
Signed		
Date	DD / MM / YYYY	

Office use only: Signed Date DD / MM / YYYY



# Health Commitment Statement (HCS)

#### Our commitment to you

- We will respect your personal decisions and allow you to make your own choices about what exercise you can carry out. However, we ask you to not exercise beyond what you consider to be your own abilities.
- 2. We will make every reasonable effort to make sure that our equipment and facilities are in a safe condition for you to use and enjoy.
- We will take all reasonable steps to make sure that our staff are qualified to the fitness industry standards as set out by the Register of Exercise Professionals
- I. If you tell us that you have a disability which puts you at a substantial disadvantage in accessing our equipment and facilities, we will consider what adjustments, if any, can be reasonably made.

#### Your commitment to us

- 1. You should not exercise beyond your own abilities. If you know that you have, or are concerned that you might have, a medical condition that might interfere with you exercising safely, then before you use our equipment and facilities you should get advice from a relevant medical professional and follow that advice.
- 2. You should make yourself aware of any rules and instructions, including warning notices. Exercise carries its own risks. You should not carry out any activities that you have been told are not suitable for you.
- 3. You should let us know immediately if you feel ill when using our equipment or facilities. Our staff members are not qualified doctors, but there will be a person available who has had first-aid training.
- 4. You must follow any reasonable instructions to allow you to exercise safely.

This statement is for guidance only. It is not a legally binding agreement between you and us and does not create any obligation which you or we must meet.

#### SportsDock rules

- You may not enter the fitness centre or strength and conditioning room without your membership card. Misuse of cards will result in membership suspension.
- No mobile phone calls are permitted at anytime inside the fitness centre or strength and conditioning room.
- · Place all bags, coats and valuable items in the lockers provided.
- Food and hot beverages are not permitted within the fitness centre or strength and conditioning room.
- Replace your equipment after use in the correct place.
- · Remove weights from bars in a balanced and even way.
- Endeavour to share equipment and space with other members at all times.
- · Please wine down all equipment after use with a towel or the wines provided
- Additional equipment is available for use please ask a fitness instructor for details.
- · Please use the waste and recycle bins for your rubbish.
- · Adhere to the SportsDock dress code.
- · Adhere to SportsDock terms and conditions at all times.



# Memberships Flexible and affordable



memberships@sportsdock.co.uk 020 8223 6888 sportsdock.co.uk

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f /SportsDock

## Gold

No joining fee No fixed contract £42 per month or £420 annually

Unlimited access to fitness centre and strength and conditioning room

Extended early morning access to fitness centre and strength and conditioning room

Free access to a wide range of fitness classes

Discounts on a range of SportsDock activities (including court hire)

Ability to book SportsDock activities up to 14 days in advance

Free parking (restrictions apply)

## Silver

No joining fee No fixed contract £25 per month or £250 annually

Unlimited off-peak access to fitness centre and strength and conditioning room

Extended early morning access to fitness centre and strength and conditioning room

Discounts on a range of SportsDock activities (including court hire)

Ability to book SportsDock activities up to 14 days in advance

Free parking (restrictions apply)

## **Bronze**

No joining fee No fixed contract £6 per month or £60 annually

Discounts on a range of SportsDock activities (including court hire)

Ability to book SportsDock activities up to 14 days in advance

Free parking (restrictions apply)

#### The Direct Debit Guarantee



# Peak hours are Monday-Friday 4:00-8:59pm. All other times are off-peak.



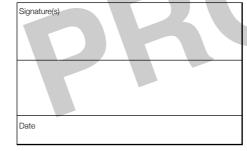


### Instruction to your bank or building society to pay by Direct Debit

FOR SPORTSDOCK OFFICIAL USE ONLY This is not part of the instruction to your bank or building society.

#### Instruction to your bank or building society

Please pay University of East London Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with University of East London and, if so, details will be passed electronically to my bank/building society.



Banks and building societies may not accept Direct Debit Instructions for some types of account



Please fill in the whole form including official use box using a ball-point pen and send it to:

University of East London SportsDock Docklands Campus 4-6 University Way London E16 2RD

lame(s)	of accou	ınt holde	r(s)			
Branch S	Sort Cod	e				
Bank/Bu	ilding Sc	ciety acc	count nu	mber	'	_

Name and full postal address of your bank or building society To: The Manager Bank/Building Society

Please leave bl	ank		

# SportsDock Membership Application

Please complete this form in <b>BLOCK CAPITALS</b> and hand in to SportsDock reception				
Title		Female	Male	
First name				
Surname				
Address				
Postcode				
Date of birth	DD / MM / YYYY			
Tel (Home/Work)				
Mobile				
Email				
Choose your membership				
	Gold £420 annual fee		r £250 annual fee	
Gold three mo	nths £120 one-off fee Gold £42 per month	Silver three month	s £70 one-off fee er £25 per month	
		Bron	ze £60 appual fee	

rom time to time we would like to send you informatio you are happy to receive this information please tick		
. Do you consider yourself to be a disabled person?	Yes	■No

Bronze £6 per month

If yes, please tick the appropriate category:

Q. How did you hear about us?

Physical disability Sensory disability Learning disability Other – please specify: